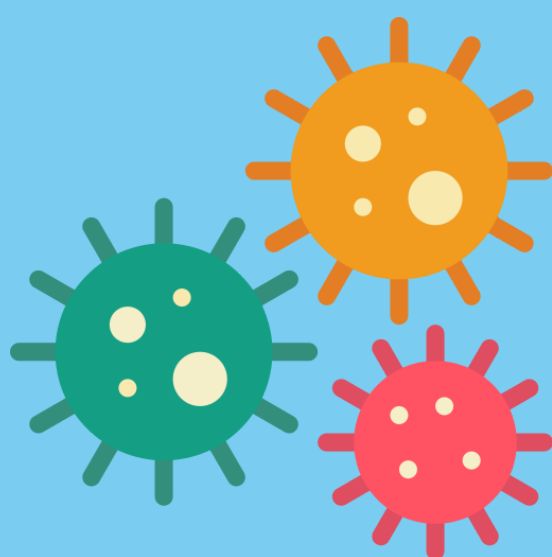


CORONAVIRUS EXPLAINED TO KIDS.

What I need to know...

CORONAVIRUS IS A DISEASE

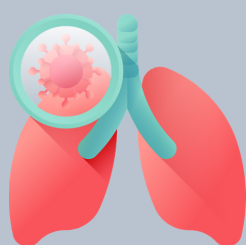
There are lots of sicknesses and viruses in the world. Coronavirus, is the name of one. Coronavirus is being talked about a lot because it is very contagious and has made people sick all around the world. But the good news is most people who get sick feel better in just a few days to weeks.



SYMPTOMS OF CORONAVIRUS



Fever



Shortness of Breath



Cough



Headache



Sore Throat

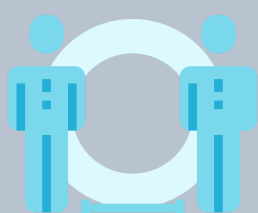
If you have these symptoms call your health care provider, stay home and rest.

HOW DO YOU CATCH CORONAVIRUS?

Coronavirus spreads through droplets from someone's nose or mouth, by coughing or sneezing. If you breathe in those yucky droplets or if you touch something with those droplets and then touch your face, you could catch Coronavirus. Luckily, we have some tips to keep you healthy.



HOW DO I STAY HEALTHY AND SAFE?



Keep 6 feet of distance from people outside of family.



Wash your hands frequently for 20 seconds.



Stay home as much as possible, until told otherwise.



If you must go in public wear a face mask and wash hands.