

Quiet Bins

Surviving quarantine is going to mean teaching your child the art of independent play. There are going to be those moments where you aren't able to give your child your full attention- you need to make dinner, talk with your spouse, respond to work e-mails, etc. This is where the beauty of "Quiet Bins" comes in. Minimal instruction and oversight required, maximum play and creativity.



Begin by emptying some old small plastic containers. You can use shoe boxes, old Tupperware, or buy this 5 pack for \$5 from Target. (COVID-19: Target Pick-Up)

Below are a few ideas to get your wheels turning. The name of the game is novelty. There should be just a few things in the bin as to not get overwhelmed, things that they don't get to play with every day and encourage creativity. Give them a general idea of what to do with the materials, perhaps show an example or two and then let them go at it!

M   Popsicle Towers or Designs	Tu    Pipe Cleaner Jewelry	W    Design Your Own Rock Pets	Th   Painters Tape Race Track	F    Play-Doh Bakery/ Designs
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** Not all materials are appropriate for all ages, please use discretion and adapt for the safety of your child.